



THE SEAHORSE

# LUNCH SET MENU

MON - FRI 12 - 5 PM

3 courses **22.5**  
or 2 courses **18**

## STARTERS

**Butternut squash & Stilton soup,**  
parsley oil (v)

**Bang bang chicken salad,**  
roasted peanuts & chilli (gif)

**Roasted beetroot,**  
fig, vegan feta salad, hazelnuts, maple & balsamic (pb, gif)

## MAINS

**Bavette steak,**  
skinny fries, garlic & parsley butter, rocket salad (gif)

**Steamed mussels,**  
white wine, cream, parsley, toasted sourdough

**Roasted carrot & butternut squash tagine,**  
winter tabbouleh, pumpkin seed granola (pb)

## PUDDINGS

**Selection of ice cream,**  
chocolate sauce (pb)

**Black forest chocolate trifle,**  
(pb)

**Chocolate brownie,**  
vanilla ice cream, chocolate sauce (pb, gif)

Key for Symbols: Vegetarian - **v** Plant Based - **pb** Gluten Ingredient Free - **gif**